



DON BOSCO COLLEGE

Accredited by NAAC with B+ Grade
Dhodar Ali Road, Railway Gate No 3
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Ref No.-

Date:

Report on Five-Day Faculty Development Programme on "AI and Well-being in Higher Education: Balancing Technology and Mental Health"

The Research Cell of Don Bosco College, Golaghat, Assam, successfully organized a five-day Faculty Development Programme (FDP) from 25/11/2024 to 29/11/2024 on the theme "AI and Well-being in Higher Education: Balancing Technology and Mental Health." The programme aimed to explore the intersection of artificial intelligence, education, and mental health, focusing on creating a balanced and student-centred approach in higher education.

Day 1: Opening Day

The FDP began with an introductory address by Dr. Piyali Dutta, Research Coordinator, followed by an inaugural speech by the Principal, Dr. Fr. Amoladoss who introduced the resource person for the day, Dr. J. Antony William, Professor at the School of Arts, Design, and Architecture, Aalto University, Finland. Dr J. Antony William delivered a session on "Creating a Digital Learning Environment for Asian Youth." The session was highly interactive and engaging, providing valuable insights into the use of technology in education. In the question hour the participants cleared their doubts on various aspects of digital learning. The day concluded with a vote of thanks delivered by Ms. Nazia Rahman, Assistant Professor, Department of English.

Day 2: Student-Centered Learning

The second day started with opening remarks by Dr. Fr. Amoladoss. The resource person, Dr. Y. Dominic Ravichandran, Deputy Vice-Chancellor of Academics at DMI-St. Eugene University, Lusaka, Zambia, presented a lecture on "Cultivating Student-Centered Learning and Research Aptitude for Academic Excellence." His session highlighted strategies for fostering an academic environment conducive to research and innovation. The vote of thanks was delivered by Ms. Pragya Singh, Assistant Professor, Department of Human Resource Management.



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Day 3: Well-being in the Digital Age

The third day commenced with opening remarks by Dr. Piyali Dutta. Dr. Sr. Sumi Joseph, an expert in the NGO sector with over two decades of experience, was the resource person. Her session on “Prospects and Challenges of Well-being of Students in the Digital Age” addressed critical mental health issues arising in the digital era. She was introduced by Ms. Mrigakhi Goswami, Assistant Professor, Department of Political Science. The session was informative and thought-provoking. Sr. Ramaya delivered the vote of thanks.

Day 4: Leadership Perspectives

The fourth day began with an introduction by Dr. Piyali Dutta. Dr. Raja, a distinguished academic from GCU University, USA, presented on “Leadership Perspective: Student and Teacher Interaction.” His lecture provided valuable insights into fostering positive and effective communication between students and faculty. Mr. Shiv Kumar Sharma, Assistant Professor, Department of Commerce, introduced the speaker. The session was highly interactive. It was concluded with a vote of thanks by Mr. Abhinab Todi.

Day 5: Concluding Day

The final day began with opening remarks by Dr. Piyali Dutta. Fr. Xavier M., SDB, Rector and Secretary of Don Bosco College, Kohima, Nagaland, delivered the concluding session on “Leadership Perspective: Student and Teacher Interaction.” He was introduced by Ms. Daisy Gogoi, Assistant Professor, Department of Education. The informative session was followed by a vote of thanks by Dr. Piyali Dutta, bringing the programme to a successful conclusion.

The five-day Faculty Development Programme was highly engaging and informative, equipping participants with strategies to integrate technology effectively in higher education while addressing mental health concerns. The interactive sessions provided valuable takeaways for fostering a balanced and student-centered learning environment.



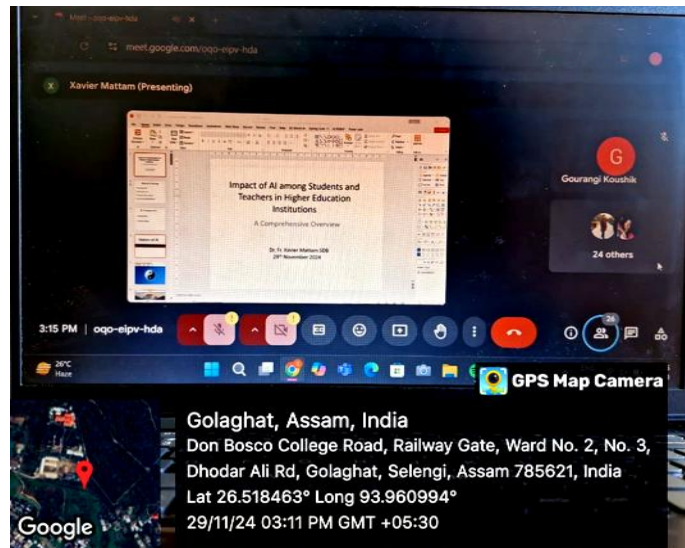
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